



Finding help in a crisis  
**Local Assistance Network**

## Directory of services

Names, addresses, opening times and contact details  
for members of the West Sussex Local Assistance  
Network



**Will users of this directory please note the following;**

The LAN is for people on a low income and in a Crisis situation, or for people on a low income and may have previously have applied for a Community Care Grant, and as such is effectively a last resort.

You should have established that the applicant cannot receive help or funding from alternative sources prior to referral to one of the providers listed in this directory. In particular are they eligible to receive either a Short-term Benefit Advance or a Budgeting Loan through the DWP? If the answer is yes then refer them to their local Job Centre Plus office.

For more expensive items that are required due to illness or disability you may also try relevant charities or funding bodies for alternative grant provision.

There are no set limits on the number of applications or maximum limits on values, these have deliberately been left to the discretion of the decision maker, however we have suggested that up to three applications for any one period of crisis should be considered as a rule of thumb.

Remember that the LAN funding is limited, if furniture is required then a referral should be made to one of the providers listed in this directory who have received additional funding specifically to provide furniture and will supply the minimum required to furnish a property.

Carpets and flooring should only be considered in exceptional circumstances and again should only be the cheapest available.

**Assistance is on a purely discretionary basis, there is no entitlement to help**

The LAN should not be providing goods to which a claimant may aspire, but should provide the minimum requirements to get through their current crisis.

**Bognor Regis Jobcentre Plus**

Gloucester House, High Street, Bognor Regis,  
Tel: 01243 846300

**Chichester Jobcentre Plus**

5, Southgate, Chichester  
Tel: 01243 224100

**Crawley Jobcentre Plus**

Gresham House, 20-22 Station Road, Crawley,  
Tel: 01293 728200

**Haywards Heath Jobcentre Plus**

Kingsley House, 31 Boltro Rd, Haywards Heath  
Tel: 01444 338000

**Horsham Jobcentre Plus**

Marlborough House, 50 East Street, Horsham,  
Tel: 01403 355700

**Littlehampton Jobcentre Plus**

33 Church Street, Littlehampton  
Tel: 08456 043719

**Worthing Jobcentre Plus**

Crown House, High Street, Worthing BN11 1NG,  
Tel: 01903 286000

## Contents

District	Page
<a href="#">Adur &amp; Worthing</a>	04
<a href="#">Arun</a>	11
<a href="#">Chichester</a>	17
<a href="#">Crawley</a>	22
<a href="#">Horsham</a>	28
<a href="#">Mid Sussex</a>	35

### Key to icons used in this document



Furniture



Transport costs



Fuel top ups



White goods



Foodbank vouchers  
Issued/Redeemed



See map



Advice



Store cards



Clothing

## Adur & Worthing

### Worthing Churches Homeless Projects Local Assistance Network

#### Opening Times

Monday – Friday 09.00 – 04.00pm



St Clare's Day Centre  
8 Marine Place  
Worthing  
BN11 3DN

4



Phone  
01903832929



Web Address  
[www.wchp.org.uk](http://www.wchp.org.uk)

#### Help Available

Furniture/White Goods, Fuel Top-ups, Food bank vouchers, Household Items, Travel

#### Area Covered

Adur District & Worthing Borough extending to Rustington (BN16) for Furniture/White Goods

#### Who can be helped?

Families and/or adults with or without children



### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm

Office Monday – Friday 09.00 – 04.00pm *see below*



Town Hall  
Chapel Road  
Worthing  
BN11 1HA  
**Mon-Fri 9.30-4.00**  
**Weds 9.30-7.00pm**

77 The Strand  
Goring  
BN12 6DR  
**Weds 10 -01.00**

Parish Hall  
96 South Street  
Lancing  
BN15 8AJ  
**Closed Fridays**

Pond Road  
Shoreham-by-Sea  
BN43 5WU  
**Closed Thursdays**



Stepping Stones Children & Family Centre  
Gardner Road  
Fishersgate  
BN41 1PW

**Thursdays 10 – 01.00 only**



Phone  
08444 771171  
03003 300650 (from mobiles)



Web Address  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)  
[www.centraland southsussexcab.org.uk](http://www.centraland southsussexcab.org.uk)

#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children



1

2

3

4

6

Children & Family Centres

**Durrington Children and Family Centre**



81 Salvington Road  
Durrington  
Worthing  
West Sussex  
BN13 2JD

41



*Phone*  
01903 276888



*Email*  
[acd.durrington.c&fc@westsussex.gov.uk](mailto:acd.durrington.c&fc@westsussex.gov.uk)

Weekdays from 9.00am to 5.00pm.



**Findon Children and Family Centre**



Vale First and Middle School  
Vale Avenue  
Worthing  
West Sussex  
BN14 0DB

42



*Phone*  
01903 270455



*Email*  
[findon.cfc@westsussex.gov.uk](mailto:findon.cfc@westsussex.gov.uk)

Mondays from 9.00am to 12.00pm and then again from 1.00pm to 3.00pm, and Thursdays and Fridays from 9.00am to 3.00pm.

**Footprints Children and Family Centre**



Lyndhurst Methodist Church  
Lyndhurst Road  
Worthing  
West Sussex  
BN11 2DG

43



*Phone*  
01903 270424



*Email*  
[footprints.c&fc@westsussex.gov.uk](mailto:footprints.c&fc@westsussex.gov.uk)

Weekdays between 9:00am and 5:00pm

**Footprints Children and Family Centre**



40 Crescent Road  
Worthing  
West Sussex  
BN11 1RQ

44



*Phone*  
01903 276807



*Email*  
[footprints.c&fc@westsussex.gov.uk](mailto:footprints.c&fc@westsussex.gov.uk)

Weekdays between 9:00am and 5:00pm

**Adur & Worthing  
Worthing**

**Maybridge Children and Family Centre**



Maybridge Community Church  
77 The Strand  
Goring-by-Sea  
Worthing  
West Sussex  
BN12 6DR

45



*Phone*  
01903 276890



*Email*  
[maybridgecfc@westsussex.gov.uk](mailto:maybridgecfc@westsussex.gov.uk)

9.00am to 1.00pm Mondays, Tuesdays, Wednesdays and Fridays.  
Thursdays we are open 9.00am to 2.15pm.



**The Wave Children and Family Centre**



Broadwater Baptist Church  
Dominion Road  
Worthing  
West Sussex  
BN14 8JL

46



*Phone*  
01903 276869



*Email*  
[acd.the.wave.c&fc@westsussex.gov.uk](mailto:acd.the.wave.c&fc@westsussex.gov.uk)

Monday and Tuesday from 9.00am to 3.00pm and Wednesday and Friday from 9.00am to 12 noon.  
Note closed on Thursdays.

**Worthing Children and Family Centre**



35 Parkfield Road  
Worthing  
West Sussex  
BN13 1EP

47



*Phone*  
01903 270412



*Email*  
[worthingcfc@spurgeons.org](mailto:worthingcfc@spurgeons.org)

9.00am to 4.00pm on Mondays, Tuesdays, Wednesdays and Fridays.

**Adur**

**Boundstone Children and Family Centre**



Upper Boundstone Lane  
Sompting  
Lancing  
West Sussex  
BN15 9QX

1



*Phone*  
01903 276850




*Email*  
[office@boundstone-nur.w-sussex.sch.uk](mailto:office@boundstone-nur.w-sussex.sch.uk)


Weekdays from 8.00am to 6.00pm, and until 5.30pm on Tuesdays




**Adur & Worthing  
Adur**

**Kingston Buci Children and Family Centre**

 Middle Road  
Shoreham-by-Sea  
West Sussex  
BN43 6GA


 *Phone*  
01273 467998


 *Email*  
[office.kingstonbuci@westsussex.gov.uk](mailto:office.kingstonbuci@westsussex.gov.uk)

2



**Lancing Children and Family Centre**

 42 North Road  
Lancing  
West Sussex  
BN15 9AB

 *Phone*  
01903 276898


 *Email*  
[lancing.cfc@westsussex.gov.uk](mailto:lancing.cfc@westsussex.gov.uk)

3

Monday, Tuesday, Thursday and Friday from 9.00am - 4.00pm. Note closed on Wednesday

**Stepping Stones Children and Family Centre**

 Gardner Road  
Fishersgate  
West Sussex  
BN41 1PN

 *Phone*  
01273 467980

 *Email*  
[steppingstones.cfc@westsussex.gov.uk](mailto:steppingstones.cfc@westsussex.gov.uk)

4


Monday to Thursday from 9.00am to 4.00pm.


FindItOut




West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25

**FindItOut Centre – Adur**

 Lancing Youth Centre  
Penhill Road  
Lancing  
BN15 8HA

 01903 763639  
07761 447976

 [Jodie.fuller@westsussex.gov.uk](mailto:Jodie.fuller@westsussex.gov.uk)

2



Monday, Tuesday and Friday - 1.00pm to 5.00pm at Lancing

## Adur & Worthing

### FindItOut Centre – Worthing



Colonnade House  
47 Warwick Street  
Worthing  
West Sussex  
BN11 3DH



01903 210315  
01903 237155



[claire.poley@westsussex.gov.uk](mailto:claire.poley@westsussex.gov.uk)



Monday - 1.30pm to 5.00pm.  
Tuesday - 1.00pm to 5.00pm.  
Wednesday - 1.00pm to 5.00pm.  
Thursday - 1.00pm to 5.00pm.  
Friday - 1.00pm to 5.00pm.

### Intensive Support Team Coastal (Bognor, Littlehampton, Worthing and Adur)



The Place  
24 Marine Place  
Worthing  
West Sussex  
BN11 3DN



18 Waterloo Square  
Bognor Regis  
West Sussex  
PO21 1DB



01903 219412 – Worthing  
01243 867430 – Bognor



[julie.ivey@westsussex.gov.uk](mailto:julie.ivey@westsussex.gov.uk)

Monday to Friday - 9.00am to 5.00pm in Worthing  
Monday to Friday - Drop in 1.00pm to 5.00pm in Bognor Regis.

### Help available

Foodbank vouchers, fuel top ups, vouchers for household goods

## Foodbanks

### Worthing foodbank



Jubilee Church  
PO Box 4919  
Worthing  
BN11 9XY



St Stephens Café Church  
37 Angola Road  
Worthing  
BN14 8DU



01903 821921

Monday to Friday from 2pm till 3.30pm

Monday & Friday 10am – 12pm



## Adur & Worthing

### Shoreham foodbank



The Shoreham Centre  
2 Pond Road  
Shoreham-by-Sea  
BN43 5WU  
Friday 04.00pm – 06.00pm

For enquiries



*email*

[info@shoreham.foodbank.org.uk](mailto:info@shoreham.foodbank.org.uk)



### Southdown Housing Association MyKey - Directed Housing Support



#### Opening Times

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



*Phone:* 01903 867320

*Mob:* 07772 613945



*Email*

[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



*Web Address:*

[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

#### Help available

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

#### Area Covered

All West Sussex

#### Who can be helped?

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

## Adur & Worthing

### Adur & Worthing Councils

Adur Civic Centre  
Ham Road  
Shoreham-by-Sea  
West Sussex  
BN43 6PR

Portland House  
44 Richmond Road  
Worthing  
West Sussex  
BN11 1HS



1

2

## Arun

### Stonepillow

#### Opening Times

Tuesday – Saturday 9.00 – 5.00pm

3



Enterprise Units  
1-5 Harwood Road  
Littlehampton  
BN17 7AT



Phone  
01243 698547



Email  
[localassistance@stonepillow.org.uk](mailto:localassistance@stonepillow.org.uk)

#### Help Available

Furniture/White Goods, Fuel Top-ups, Foodbank vouchers, Household Items, Travel

#### Area Covered

Arun as far as Rustington borders (BN17 and above) for Furniture/White Goods

#### Who can be helped?

Families & Adults with or without children



## Worthing Churches Homeless Project

### Local Assistance Network

#### Opening Times

Monday – Friday 09.00 – 04.00pm

4



St Clare's Day Centre  
8 Marine Place  
Worthing  
BN11 3DN



Phone  
01903 832929



Web address  
[www.wchp.org.uk](http://www.wchp.org.uk)

#### Help Available

Furniture/White Goods, Fuel Top-ups, Food bank vouchers, Household Items, Travel

#### Area Covered

Arun District up to and including Rustington (up to BN16) for Furniture/White Goods

#### Who can be helped?

Families and/or adults with or without children



## Arun

### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm

Office [see below](#)



14-16 Anchor Springs  
Littlehampton  
BN17 6BP



Town Hall  
Clarence Road  
Bognor Regis  
PO21 1LD

**Mon – Thurs 10.00 – 04.00**  
**Fri 10.00 – 01.00pm**

**Mon 10.00-04.30pm Tues 10.00-04.30pm**  
**Wed 10.00-07.00pm Thu 10.00-04.30pm**  
**Fri 10.00-04.30pm**



*Phone*  
08444 771171  
03003 300650 (from mobiles)



*Web address*  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)  
[www.arunchichestercab.org.uk](http://www.arunchichestercab.org.uk)



*email*  
[littlehampton@arunchichestercab.org.uk](mailto:littlehampton@arunchichestercab.org.uk)

#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children

5



### Children & Family Centres

#### Angmering Children and Family Centre



Angmering Library  
Arundel Road  
Angmering  
West Sussex  
BN16 4JS

5



*Phone*  
01903 276893/4



*Email*  
[angmering.cfc@westsussex.gov.uk](mailto:angmering.cfc@westsussex.gov.uk)

Wednesdays, 9.00am-3.00pm for information



#### Bognor Regis Nursery School Children and Family Centre



85 Victoria Drive  
Bognor Regis  
West Sussex  
PO21 2TB

6



*Phone*  
01243 642924



*Email*  
[office@bognorregis-nursery.w-sussex.sch.uk](mailto:office@bognorregis-nursery.w-sussex.sch.uk)

Weekdays from 8.00am to 6.00pm.

**East Preston Children and Family Centre**



92 St Mary's Drive  
East Preston  
Littlehampton  
West Sussex  
BN16 1JB



*Phone*  
01903 270470



*Email*  
[eastpreston.cfc@westsussex.gov.uk](mailto:eastpreston.cfc@westsussex.gov.uk)

Mondays 9.00am to 2.30pm, Tuesdays 9.00am to 12.30pm, Wednesdays 9.00am to 2.30pm, Thursdays 9.00am to 4.00pm and Fridays 9.00am to 12.30pm.



**Felpham Children and Family Centre**



Pennyfields  
Bognor Regis  
West Sussex  
PO22 6BN



*Phone*  
01243 642882



*Email*  
[felpham.c&fc@westsussex.gov.uk](mailto:felpham.c&fc@westsussex.gov.uk)

Tuesday 9.00am-4.00pm, Thursday 9.00am-12 noon and Friday 9.00am-4.00pm.

**Littlehampton Children and Family Centre**



Wickbourne Centre  
Clun Road  
Littlehampton  
West Sussex  
BN17 7DZ



*Phone*  
01903 276840



*Email*  
[littlehampton.c&fc@westsussex.gov.uk](mailto:littlehampton.c&fc@westsussex.gov.uk)

Mon – Thurs 09.00-05.00pm and Fri 09.00-04.30pm

**The Treehouse Children and Family Centre**



Laburnum Grove  
Bersted  
Bognor Regis  
West Sussex  
PO22 9HT



*Phone*  
01243 642917



*Email*  
[treehouse.cfc@westsussex.gov.uk](mailto:treehouse.cfc@westsussex.gov.uk)

**The Treehouse Children and Family Centre**



29 Richmond Avenue  
Bognor Regis  
West Sussex  
PO21 2YE



Weekdays from 9.00am to 5.00pm, until 1.00pm on Wednesdays and 4.30pm on Fridays.

## Arun

### The Villages Children and Family Centre



Main Road  
Yapton  
Arundel  
West Sussex  
BN18 0ET

12



Phone  
01243 642958



Email  
[thevillages.c&fc@westsussex.gov.uk](mailto:thevillages.c&fc@westsussex.gov.uk)

Monday 9.00 am - 12 noon and Tuesday, Wednesday and Thursday 9.00am-3:00pm.



## FindItOut



West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25

### FindItOut Centre - Bognor Regis



75 Little High Street  
c/o 18 Waterloo Square  
Bognor Regis  
West Sussex  
PO21 1SU

3



Phone  
01243 865 533



Email  
[penny.foreman@westsussex.gov.uk](mailto:penny.foreman@westsussex.gov.uk)

Monday to Friday - 1.00pm to 5.00pm.



### Intensive Support Team Coastal (Bognor, Littlehampton, Worthing and Adur)



The Place  
24 Marine Place  
Worthing  
West Sussex  
BN11 3DN

18 Waterloo Square  
Bognor Regis  
West Sussex  
PO21 1DB



Phone 01903 219412 – Worthing  
01243 867430 – Bognor



Email  
[julie.ivey@westsussex.gov.uk](mailto:julie.ivey@westsussex.gov.uk)

Monday to Friday - 9.00am to 5.00pm in Worthing

Monday to Friday - Drop in 1.00pm to 5.00pm in Bognor Regis.

## Arun

### Foodbanks

#### Bognor Regis foodbank



Argyle Hall  
Argyle Road  
Bognor Regis  
West Sussex  
PO21 1DY

Tue, Weds, Thurs & Fri 11am – 4pm

Yapton Free Church  
Main Road  
Yapton  
West Sussex  
BN18 0EA

Wednesday 2-4pm

4



*Phone*  
01243 866952

01243 554602



*email*  
bognorfb@hotmail.co.uk



*Web address*  
[www.bognorregis.foodbank.org.uk](http://www.bognorregis.foodbank.org.uk)

#### Littlehampton Foodbank



Littlehampton Baptist Church  
Fitzalan Road  
Littlehampton,  
West Sussex  
BN 17 5NY

Tues & Fri afternoons

7



*email*  
[info@littlehampton.foodbank.org.uk](mailto:info@littlehampton.foodbank.org.uk)

**Southdown Housing Association  
MyKey – Directed Housing Support**



**Opening Times**

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



*Phone:* 01903 867320  
*Mob:* 07772 613945



*Email*  
[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



*Web Address:*  
[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

**Help available**

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

**Area Covered**

All West Sussex

**Who can be helped?**

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

**Arun District Council**

Arun Civic Centre  
Maltravers Road  
Littlehampton  
West Sussex  
BN17 5LF





## Chichester

### Stonepillow

#### Opening Times

Monday – Saturday 9.00 – 5.00pm



Unit 3, Plot 27  
Terminus Road  
Chichester  
PO19 8UE



Phone  
01243 698547



Email

[localassistance@stonepillow.org.uk](mailto:localassistance@stonepillow.org.uk)

#### Help Available

Furniture/White Goods, Fuel Top-ups, Food bank vouchers, Household Items, Travel

#### Area Covered

Chichester District and Arun as far as Rustington borders (BN16) for Furniture/White Goods

#### Who can be helped?

Families & Adults with or without children

3



### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm



Bell House  
6 Theatre Lane  
Chichester  
PO19 1SR



The Parish Hall  
High Street  
Selsey  
PO20 0RB



The Grange Centre  
Bepton Road  
Midhurst  
GU29 9HD

**Mon – Fri 10.00 – 04.30**

**Monday 09.30-12.30 only**

**Friday 09.30-12.30 Only**



Phone  
08444 771171  
03003 300650 (from mobiles)



Web address

[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

[www.arunchichestercab.org.uk](http://www.arunchichestercab.org.uk)



email

[littlehampton@arunchichestercab.org.uk](mailto:littlehampton@arunchichestercab.org.uk)

#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children



10

11

12

Children & Family Centres

**Chichester Children and Family Centre**



St James' Road  
Chichester  
West Sussex  
PO19 7AB



*Phone*  
01243 642950



*Email*  
[office@chichester-nur.w-sussex.sch.uk](mailto:office@chichester-nur.w-sussex.sch.uk)

Weekdays from 8.00am to 6.00pm.



**Midhurst Children and Family Centre**



Ashfield Road  
Midhurst  
West Sussex  
GU29 9JX



*Phone*  
01730 716699



*Email*  
[midhurst.office@westsussex.gov.uk](mailto:midhurst.office@westsussex.gov.uk)

Mondays and Thursdays from 9.00am to 3.30pm, Tuesdays from 12.30pm to 3.30pm, Wednesdays from 9.00am to 12.30pm, and on Fridays from 9.00am to 12.00 noon.

**Petworth Children and Family Centre**



South Grove  
Petworth  
West Sussex  
GU28 0ED



*Phone*  
01798 871199



*Email*  
[petworth.office@westsussex.gov.uk](mailto:petworth.office@westsussex.gov.uk)

Mondays from 09.00am to 3.00pm, Tuesdays and Thursdays from 8.30am to 4.30pm, Wednesdays from 8.30am to 12.30pm, and on Fridays from 8.30am to 12.00 midday.

**Rural Chichester Children and Family Centre**



The Hive  
Tangmere Primary School  
Bishop Road  
Tangmere  
West Sussex  
PO20 2JB



*Phone*  
01243 642995



*Email*  
[the.hive@westsussex.gov.uk](mailto:the.hive@westsussex.gov.uk)

## Chichester

### Selsey Children and Family Centre



East Street  
Selsey  
West Sussex  
PO20 0BN

17



*Phone*  
01243 642906



*Email*  
[selsey.cfc@westsussex.gov.uk](mailto:selsey.cfc@westsussex.gov.uk)



Weekdays from 8.00am (1.00pm on a Monday) to 4.00pm (12.00 midday on a Friday).

### Southbourne Children and Family Centre



Southbourne Village Hall  
First Avenue  
Southbourne  
West Sussex  
PO10 8HN

18



*Phone*  
01243 642953



*Email*  
[southbourne.cfc@westsussex.gov.uk](mailto:southbourne.cfc@westsussex.gov.uk)

Mondays from 9.30am to 11.30am, Tuesdays from 9.30am to 12.00 midday, and on Thursdays from 10.00am to 12.00 midday.

## FindItOut

West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25



### FindItOut Centre – Chichester



New Park Centre  
New Park Road  
Chichester  
PO19 7XY

1



*Phone*  
01243 538587



*Email*  
[angela.blackwell@westsussex.gov.uk](mailto:angela.blackwell@westsussex.gov.uk)

Monday to Friday 01.00pm to 05.00pm.



### Intensive Support Team Western (Chichester and Horsham)



Countywide



*Phone*  
077181 00716



*Email*  
[jude.day@westsussex.gov.uk](mailto:jude.day@westsussex.gov.uk)

Monday to Friday - 9.00am to 5.00pm.

## Chichester

### Chichester Information Shop Counselling Service



C/O Chichester Boys Club  
34a Little London  
Chichester  
West Sussex  
PO19 1PL



*Phone*  
01243 839093



*Email*  
[chi.infoshop@gmail.com](mailto:chi.infoshop@gmail.com)



### Help available

Foodbank vouchers, fuel top ups, vouchers for household goods

## Foodbanks

### Chichester Foodbank



Chichester Family Church  
21 Orchard Street  
Chichester  
PO19 1DD



*Phone*  
01243 773687  
01243 786607

Mon 2pm – 4pm, Wed 2pm – 4pm, Fri 4pm – 6pm      Fridays 3-5pm



Selsey Methodist Church  
High Street  
Selsey  
PO20 0QJ



*Phone*  
07826 962389  
Fridays 4-6pm



St Anne's Hall  
St Anne's Hill  
Midhurst  
GU29 9NN

3



Petworth United Reformed Church  
Golden Square  
Petworth  
GU28 0AR



*Phone*  
07501 921617  
Fridays 10am-12pm

## Chichester

### Southdown Housing Association MyKey – Directed Housing Support



#### Opening Times

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



Phone: 01903 867320  
Mob: 07772 613945



Email  
[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



Web Address:  
[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

#### Help available

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

#### Area Covered

All West Sussex

#### Who can be helped?

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

#### Chichester District Council

East Pallant House  
1 East Pallant  
Chichester  
West Sussex  
PO19 1TY



## Crawley

### Crawley Open House

#### Opening times

Monday – Friday 10.00am – 04.00pm



Riverside House  
Stephenson Way  
Three Bridges  
Crawley  
RH10 1TN



Phone  
01293 447702



Web Address  
[www.crawleyopenhouse.co.uk](http://www.crawleyopenhouse.co.uk)

1



#### Help available

Furniture/White Goods, Fuel Top-ups, Food (through their Food Bank), Household Items, Travel

#### Who can be helped?

Adults with or without children over 11 years of age however it is not recommended to visit with children as the Charities main help is to Homeless People, many of whom have dependency issues, if you have children aged 11 or under you may get assistance from your local Children & Family Centre.

### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm

Office Monday – Friday 09.00 – 04.00pm



The Orchard  
1-2 Gleneagles Court  
Brighton Road  
Southgate  
Crawley  
RH10 6AD



Phone  
08444 771171  
03003 300650 (from mobiles)



Web address  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)  
[www.centralsussexcab.org.uk](http://www.centralsussexcab.org.uk)

13



#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children

### Children & Family Centres

#### Bewbush Children and Family Centre



Dorsten Square  
Crawley  
West Sussex  
RH11 8XW



Phone  
01293 651760



Email  
[bewbush.cfc@westsussex.gov.uk](mailto:bewbush.cfc@westsussex.gov.uk)

Mondays to Thursdays from 9.00am to 4.30pm, and from 9.00am to 12.30pm on Fridays.



#### Broadfield Children and Family Centre



Creasys Drive  
Crawley  
West Sussex  
RH11 9HJ



Phone  
01293 651777



Email  
[broadfieldcfc@spurgeons.org](mailto:broadfieldcfc@spurgeons.org)

Weekdays from 9.00am to 5.00pm.

#### Langley Green and Ifield Children and Family Centre



Langley Green Centre  
Stagelands  
Langley Green  
Crawley  
West Sussex  
RH11 7PF



Phone  
01293 651747



Email  
[langleygreen.cfc@westsussex.gov.uk](mailto:langleygreen.cfc@westsussex.gov.uk)

Mondays from 9.30am to 3.00pm, Wednesdays and Thursdays from 9.00am to 1.00pm and Fridays from 9.00am to 11.30am.

#### Maidenbower Children and Family Centre



Harvest Road  
Maidenbower  
Crawley  
West Sussex  
RH10 7RA



Phone  
01293 651720



Email  
[maidenbowerandpoundhillcfc@westsussex.gov.uk](mailto:maidenbowerandpoundhillcfc@westsussex.gov.uk)

Wednesdays from 10.00am to 3.00pm and Thursdays from 9.30am to 11.00am.

## Crawley

### Pound Hill Children and Family Centre



Pound Hill Infant School  
Crawley Lane  
Crawley  
West Sussex  
RH10 7EB



*Phone*  
01293 651722



*Email*

[maidenbowerandpoundhillcfc@westsussex.gov.uk](mailto:maidenbowerandpoundhillcfc@westsussex.gov.uk)

Mondays and Tuesdays from 1.30pm to 3.00pm, Fridays from 09.00am to 12.00pm.



### Northgate Children and Family Centre



Barnfield Road  
Crawley  
West Sussex  
RH10 8DP



*Phone*  
01293 651740



*Email*

[northgate.cfc@westsussex.gov.uk](mailto:northgate.cfc@westsussex.gov.uk)

Tuesdays 9.00 – 2.00pm and Wednesdays from 9.00am to 2.00pm.

### Southgate Children and Family Centre



Barrington Road  
Crawley  
West Sussex  
RH10 6DG



*Phone*  
01293 651798



*Email*

[southgate.cfc@westsussex.gov.uk](mailto:southgate.cfc@westsussex.gov.uk)

Tuesdays 09.00-1.00pm, Wednesdays 09.00-12.00pm, Thursdays 09.00-3.00pm.

### Help Available

Food bank vouchers, Fuel top ups, Signposting

### Who can be helped?

Families only



## Crawley

### FindItOut



West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25



4

#### FindItOut Centre – Crawley



37 Queens Square  
Crawley  
West Sussex  
RH10 1HA



*Phone*  
01293 843 339



*Email*  
[heidi.preston@westsussex.gov.uk](mailto:heidi.preston@westsussex.gov.uk)

Monday, Tuesday and Thursday 9.30 to 5.00pm and Friday 9.30 to 4.30pm, Wednesday 10.00am to 3.00pm.

#### Intensive Support Team Northern (Crawley and Mid Sussex)



Connexions Centre  
37 Queens Square  
Crawley  
RH10 1HA



*Phone*  
01293 843339



*Email*  
[jay.penfold@westsussex.gov.uk](mailto:jay.penfold@westsussex.gov.uk)

Monday to Friday - 9.00am to 5.00pm.

#### Help available

Foodbank vouchers, fuel top ups, vouchers for household goods

## Crawley

### Foodbanks

#### Crawley Open House

##### Opening times

Monday, Tuesday, Wednesday & Friday 10.00 - 4.00pm

Thursday 10.00 - 1.30pm



Riverside House  
Stephenson Way  
Three Bridges  
Crawley  
RH10 1TN



Phone  
01293 447702



Web Address

[www.crawleyopenhouse.co.uk](http://www.crawleyopenhouse.co.uk)



10

### Southdown Housing Association MyKey - Directed Housing Support



##### Opening Times

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



Phone: 01903 867320  
Mob: 07772 613945



Email

[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



Web Address:

[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

##### Help available

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

##### Area Covered

All West Sussex

##### Who can be helped?

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

## Crawley

### **Crawley Borough Council**

Town Hall  
The Boulevard  
Crawley  
West Sussex  
RH10 1UZ




6


## Horsham

### Horsham Matters

#### Opening Times

Charity Centre – Guildford Road,  
Warehouse – Blatchford Road,

 Horsham Matters Trading Ltd  
Tanfield Garage  
Guildford Road  
Horsham  
RH12 1TR

 *Phone*  
01403 211833

*Web address*  
[www.horsham-matters.org.uk](http://www.horsham-matters.org.uk)

Tuesday – Saturday 9.30 - 4.00pm  
Tuesday - Saturday 9.30 – 3.30pm

 Horsham Matters Ltd  
Micah House  
Blatchford Road  
Horsham  
RH13 5QR

 *Email*  
[support@horsham-matters.org.uk](mailto:support@horsham-matters.org.uk)



#### Help Available

Furniture/White Goods, Fuel Top-ups, Food (through their Foodbank), Household Items, Travel payments

#### Area Covered

Horsham District

2


#### Who can be helped?


Families & Adults with or without children


### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm  
Office Monday – Friday 09.00 – 04.00pm

 Lower Tanbridge Way  
Horsham  
West Sussex  
RH12 1PJ

 *Phone*  
08444 771171  
03003 300650 (from mobiles)

 *Web address*  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)  
[www.centralandsouthsussexcab.org.uk](http://www.centralandsouthsussexcab.org.uk)

9



#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children

## Horsham

### Children & Family Centres

#### Billingshurst Children and Family Centre



Station Road  
Billingshurst  
West Sussex  
RH14 9RY

26



*Phone*  
01403 213594



*Email*  
[office.billingshurst@westsussex.gov.uk](mailto:office.billingshurst@westsussex.gov.uk)

Monday 1.00pm to 3.00pm, Tuesday 9.30am to 3.00pm,  
Wednesday 1.00pm to 3.00pm and Friday 9.30am to 12 noon.



#### Pulborough Village Hall Children and Family Centre



Swan View  
Lower Street  
Pulborough  
West Sussex  
RH20 2BF

27



*Phone*  
01798 871194



*Email*  
[pulborough.cfc@westsussex.gov.uk](mailto:pulborough.cfc@westsussex.gov.uk)

Monday to Thursday 9.30am to 12 noon.

#### Horsham Children and Family Centre



Harwood Road  
Horsham  
West Sussex  
RH13 5UT

28



*Phone*  
01403 224444



*Email*  
[office.horsham.nursery.cfc@westsussex.gov.uk](mailto:office.horsham.nursery.cfc@westsussex.gov.uk)

Weekdays from 8.00am to 6.00pm.

#### Little Footsteps Children and Family Centre



24-26 West Street  
Storrington  
Pulborough  
West Sussex  
RH20 4EE

29



*Phone*  
01903 270444



*Email*  
[storringtoncfc@spurgeons.org](mailto:storringtoncfc@spurgeons.org)

Tuesdays to Fridays between 9.30am to 3.00pm.

## Horsham

### Roffey Children and Family Centre



Roffey Youth Centre  
Godwin Way  
Compton Lane  
Horsham  
West Sussex  
RH13 6SQ

30



*Phone*  
01403 213575



*Email*  
[roffey.cfc@westsussex.gov.uk](mailto:roffey.cfc@westsussex.gov.uk)

Weekdays from 9.00am to 3.30pm.



### Rural Henfield Children and Family Centre



Cowfold Village Hall  
Bolney Road  
Cowfold  
Horsham  
West Sussex  
RH13 8AA

31



*Phone*  
01403 864668



*Email*  
[ruralhenfield.cfc@westsussex.gov.uk](mailto:ruralhenfield.cfc@westsussex.gov.uk)

Wednesday mornings from 9.30 to 11.30am.

### Rural Steyning and Upper Beeding Children and Family Centre



Upper Beeding Baptist Church  
19 Church Lane  
Upper Beeding  
Steyning  
West Sussex  
BN44 3HP

32



*Phone*  
01903 270459



*Email*  
[ruralsteyning.cfc@westsussex.gov.uk](mailto:ruralsteyning.cfc@westsussex.gov.uk)

Thursdays from 9.00am to 12.00pm.

### Rural Horsham Children and Family Centre

We operate a mobile centre which visits villages around rural north Horsham. We are out and about throughout term-time on Tuesdays, Wednesdays and Thursdays.

We visit the villages of Warnham, Rudgwick, Slinfold, Rusper, Broadbridge Heath and Colgate.

Please check our timetable for details of when we will be in your area. Information and support on parenting and family issues is available at all times by phone or email.



*Phone*  
01403 785816



*Email*  
[office.ruralhorsham@westsussex.gov.uk](mailto:office.ruralhorsham@westsussex.gov.uk)

## Horsham

### Southwater Children and Family Centre



Worthing Road  
Southwater  
Horsham  
West Sussex  
RH13 9HA

33



*Phone*  
01403 213570



*Email*  
[southwater.cfc@westsussex.gov.uk](mailto:southwater.cfc@westsussex.gov.uk)

Monday to Thursday from 9.00am to 1.00pm.

### The Needles Children and Family Centre

The Needles Neighbourhood Centre  
Three Acres  
Horsham  
West Sussex  
RH12 1RS

34



*Phone*  
01403 213590



*Email*  
[theneedles.cfc@westsussex.gov.uk](mailto:theneedles.cfc@westsussex.gov.uk)

Mondays and Fridays from 9.00am to 12.30pm, Tuesdays and Thursdays from 9.00am to 3.00pm and Wednesdays from 9.00am to 4.00pm.



## Horsham

### FindItOut

West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25



#### FindItOut Centre – Horsham



The Y Centre  
Albion Way  
Horsham  
West Sussex  
RH12 1AH



*Phone*  
01403 213 568



*Email*  
[alex.alcock@westsussex.gov.uk](mailto:alex.alcock@westsussex.gov.uk)

Monday, Wednesday, Thursday and Friday 10.00am to 5.30pm - full FindItOut Centre facilities available.

Tuesday - 1.00pm to 5.30pm.

#### Intensive Support Team Western (Chichester and Horsham)



Countywide



*Phone*  
077181 00716



*Email*  
[jude.day@westsussex.gov.uk](mailto:jude.day@westsussex.gov.uk)

Monday to Friday - 9.00am to 5.00pm.

#### Help available

Foodbank vouchers, fuel top ups, vouchers for household goods



## Horsham

### Foodbanks

#### Horsham Matters

9



Christian Life Centre  
Brighton Road  
**Horsham**  
RH12 1HR

#### Opening Times

Weds 4-6pm

Free Church  
High Street  
**Henfield**  
BN5 9HP

Fri 10am – 12pm

Friends Meeting House  
Lower Tanbridge Way  
**Horsham**  
RH12 1SL

Fri 1-3pm

Children & Family Centre  
24-26 West Street  
**Storrington**  
RH20 4EE

#### Opening Times

Thurs 10am – 12pm

United Reformed Church  
Forge Way  
**Billingshurst**  
RH14 9LG

Fri 10am – 12pm



*Phone*  
01403 211833



*Web Address*  
[www.horsham-matters.org.uk](http://www.horsham-matters.org.uk)



*Email*  
[support@horsham-matters.org.uk](mailto:support@horsham-matters.org.uk)

#### Area Covered

Horsham District

## Horsham

### Southdown Housing Association MyKey – Directed Housing Support



#### Opening Times

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



Phone: 01903 867320  
Mob: 07772 613945



Email  
[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



Web Address:  
[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

#### Help available

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

#### Area Covered

All West Sussex

#### Who can be helped?

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

#### Horsham District Council

Park North  
North Street  
Horsham  
West Sussex  
RH12 1RL



**Horsham  
District  
Council**



## Mid Sussex

### Furnihelp

#### Opening Times

10.00 – 12.00pm Monday, Tuesday & Thursday  
Visits by appointment only, referrals only accepted

5



Furnihelp  
Unit B5, Horsted Keynes Industrial Park  
Cinder Hill Lane  
Horsted Keynes  
RH17 7BA



*Phone*  
01342 811755



*Email*  
[admin@furnihelp.co.uk](mailto:admin@furnihelp.co.uk)



*Web Address*  
[www.furnihelp.co.uk](http://www.furnihelp.co.uk)

#### Help available

Furniture & White Goods

#### Area Covered

Mid Sussex District

#### Who can be helped?

Families & Adults with or without children

### Horsham Matters

#### Opening Times

Charity Centre – Guildford Road, Tuesday – Saturday 9.30 - 4.00pm  
Warehouse – Blatchford Road, Tuesday - Saturday 9.30 – 3.30pm



Horsham Matters Trading Ltd  
Tanfield Garage  
Guildford Road  
Horsham  
RH12 1TR



Horsham Matters Ltd  
Micah House  
Blatchford Road  
Horsham  
RH13 5QR



*Phone*  
01403 211833



*Email*  
[support@horsham-matters.org.uk](mailto:support@horsham-matters.org.uk)



*Web Address*  
[www.horsham-matters.org.uk](http://www.horsham-matters.org.uk)

#### Help Available

In Mid Sussex Area - Fuel Top-ups, Travel payments

2

#### Area Covered

Mid Sussex District

#### Who can be helped?

Families & Adults with or without children

## Mid Sussex

### Citizen's Advice Bureau

#### Opening Times

Advice line – Monday – Friday 09.00 – 05.00pm

Office Monday – Friday 09.00 – 04.00pm *see below*



Cantelupe House  
Cantelupe Road  
East Grinstead  
RH19 3BZ



Delmon House  
38 Church Road  
Burgess Hill  
RH15 9AE



Oaklands  
Paddockhall Road  
Haywards Heath  
RH16 1HG

**CLOSED MONDAYS**

**CLOSED FRIDAYS**

**Mon – Fri 09.00 – 04.00pm**



*Phone*

08444 771171

03003 300650 (from mobiles)



*Web address*

[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

[www.centralsussexcab.org.uk](http://www.centralsussexcab.org.uk)



#### Help Available

Food bank vouchers, Household Items (through small value store cards), Signposting

#### Who can be helped?

Families and/or adults with or without children

14

8

### Children & Family Centres

#### East Grinstead Children and Family Centre



Blackwell Farm Road  
East Grinstead  
West Sussex  
RH19 3JL

35



*Phone*

01342 332992



*Email*

<mailto:east.grinstead.c&fc@westsussex.gov.uk>

Mon 9.00am-12.00pm, Tue 09.00-12.00pm, Weds 9.00am-12.30pm, Thurs 1.00-4.30pm and Fri 8.30am-1.00pm.



#### East Grinstead (Library) Children and Family Centre



East Grinstead Library  
West Street  
East Grinstead  
West Sussex  
RH19 4SR

36



*Phone*

01342 332970



*Email*

[east.grinstead.c&fc.library@westsussex.gov.uk](mailto:east.grinstead.c&fc.library@westsussex.gov.uk)

Mon 9.30am to 02.00pm, Tues from 9.30am to 4.00pm, and on Fri from 9.30am to 02.00pm.

## Mid Sussex

### Haywards Heath Children and Family Centre



51 Penn Crescent  
Haywards Heath  
West Sussex  
RH16 3HP

37



*Phone*  
01444 255499



*Email*  
[haywardsheath.c&fc@westsussex.gov.uk](mailto:haywardsheath.c&fc@westsussex.gov.uk)

Monday between 9.30am and 3.00pm, Tuesday between 9.30am and 12.00 noon and Thursday between 2.00pm and 4.00pm.



### Mid Sussex Rural Children and Family Centre

We deliver our services through local community centres and village halls using mobile centre vehicles. We also make visits to child health clinics, pre-schools and parent and toddler groups. We cover rural villages including Bolney, Balcombe, Copthorne, Crawley Down, Turners Hill, Ardingly, Handcross and West Hoathly.



*Phone*  
01444 255478



*Email*  
[mid.sussex.rural@westsussex.gov.uk](mailto:mid.sussex.rural@westsussex.gov.uk)

### Rural Haywards Heath Children and Family Centre

The centre delivers services using a rural information vehicle to local community centres and village halls, and by visiting child health clinics, pre-schools and parent and toddler groups. The centre covers a large area which includes Scaynes Hill, Bolnore Village, Cuckfield, Lindfield, Horsted Keynes and the Harlands area of Haywards Heath.



*Phone*  
01444 255477 or  
01273 467968



*Email*  
[mid.sussex.rural@westsussex.gov.uk](mailto:mid.sussex.rural@westsussex.gov.uk)

### Sidney West Children and Family Centre



Leylands Road  
Burgess Hill  
West Sussex  
RH15 8HS

38



*Phone*  
01444 255493



*Email*  
[sidneywest.cfc@westsussex.gov.uk](mailto:sidneywest.cfc@westsussex.gov.uk)

Mondays 9.00am to 3.00pm, Tuesdays 9.00am to 1.00pm and Thursdays 9.00am to 12.00pm. Note closed all day on Wednesdays and Fridays.

## Mid Sussex

### Sussex Downs Children and Family Centre



Hurstpierpoint Village Centre  
Trinity Road  
Hurstpierpoint  
Hassocks  
West Sussex  
BN6 9UY

40



The centre covers a wide area, including Albourne, Fulking, Hassocks, Hurstpierpoint, Poynings, Pyecombe, Sayers Common and Twineham. We also have a mobile centre which we use to deliver services through local community centres, village halls, child health clinics, pre-schools and parent and toddler groups.



Phone  
01444 255477 or  
01273 467968



Email  
[mid.sussex.rural@westsussex.gov.uk](mailto:mid.sussex.rural@westsussex.gov.uk)

Mondays from 9.30am to 12.00pm and on Fridays from 1.00pm to 3.30pm.

### The Gattons Children and Family Centre



Royal George Road  
Burgess Hill  
West Sussex  
RH15 9SL

39



Phone  
01444 255480



Email  
[thegattons.cfc@westsussex.gov.uk](mailto:thegattons.cfc@westsussex.gov.uk)

Weekdays between 9.00am and 3.00pm, except on Thursdays. Please note that we are closed between 12.00 midday and 1.00pm on Wednesdays.

## FindItOut

West Sussex County Council's Information,  
Advice and Guidance service for young people aged 13 – 25



### FindItOut Centre - Mid Sussex



18 Church Road  
Burgess Hill  
West Sussex  
RH15 9AE

6



Phone  
01444 243922



Email  
[paula.slater@westsussex.gov.uk](mailto:paula.slater@westsussex.gov.uk)

Monday to Friday - 1.00pm to 5.00pm.

## Mid Sussex

### Intensive Support Team Northern (Crawley and Mid Sussex)



Connexions Centre  
37 Queens Square  
Crawley  
RH10 1HA



*Phone*  
01293 843339



*Email*  
[jay.penfold@westsussex.gov.uk](mailto:jay.penfold@westsussex.gov.uk)



Monday to Friday - 9.00am to 5.00pm.

#### Help available

Foodbank vouchers, fuel top ups, vouchers for household goods

## Foodbanks

### East Grinstead foodbank



Trinity Methodist Church,  
Lingfield Road,  
East Grinstead,  
West Sussex  
RH19 2HA



*Phone*  
07983 209940

Mon 1.00 pm to 3.00 pm, Wed 9.00 am to 11.00 am, Fri 1.00 pm to 3.00 pm

5



### Burgess Hill Community Foodbank



The Spire café  
St John's church  
Burgess Hill



*Email*  
[enquiries@burgesshillfoodbank.org.uk](mailto:enquiries@burgesshillfoodbank.org.uk)

Tuesdays and Thursdays from 11am - 1pm.

6



### Haywards Heath Foodbank



9 Sussex Road  
Haywards Heath  
RH16 4DZ



*Email*  
[info@haywardsheath.foodbank.org.uk](mailto:info@haywardsheath.foodbank.org.uk)



*Phone*  
07884 106719



*Web site*  
[www.haywardsheath.foodbank.org.uk](http://www.haywardsheath.foodbank.org.uk)

Mon 11.00 – 2.00pm, Weds 1.00pm – 4.00pm, Fri 11.00 – 2.00pm

2



**Southdown Housing Association**  
**MyKey – Directed Housing Support**



**Opening Times**

Monday – Thursday 09.00 – 05.00pm, Friday 09.00 – 04.30pm



Southdown Housing  
West Sussex Regional Office  
Suite 1, Caravelle House  
17-19 Goring Road  
Worthing, BN12 4AP



Phone: 01903 867320  
Mob: 07772 613945



Email  
[MyKey@southdownhousing.org](mailto:MyKey@southdownhousing.org)



Web Address:  
[www.southdownhousing.org/services/housing-support/mykey/](http://www.southdownhousing.org/services/housing-support/mykey/)

**Help available**

Time limited outreach support for those who have problems maintaining their home, are at risk of losing their accommodation, or are already homeless.

**Area Covered**

All West Sussex

**Who can be helped?**

At risk vulnerable adults, aged between 16 & 64 who are either, single, a couple, or a family

**Mid Sussex District Council**

Oaklands  
Oaklands Road  
Haywards Heath  
West Sussex  
RH16 1SS



**MID SUSSEX**  
**DISTRICT COUNCIL**

